

Melbourne Program 2017-18

The Teacher Training program in Melbourne runs over 11 full weekends (Saturday & Sunday). Each day is eight hours with short breaks and a break for lunch. Both days start at 8.30am with or incorporates a class dedicated to the technical enquiry of asana. Each day finishes at 4.30pm.

'Know Your Miracle' Applied Functional Yoga Anatomy *with Monica*

- 2 & 3 September 2017
- 14 & 15 October 2017

'The Love of Knowledge' Yoga Sutra & Yoga Philosophy *with Gregor*

- 3 & 4 February 2018

'An Act of Giving' Teaching Methodology & Practicum *with Monica*

- 14 & 15 April 2018
- 21 & 22 April 2018
- 21 & 22 July 2018
- 11 & 12 August 2018

'The Breath of Yoga' Pranayama & Kriya *with Gregor*

- 8 & 9 September 2018
- 15 & 16 September 2018

'The Transcendental Jewel' Meditation & Kundalini *with Gregor*

- 13 & 14 October 2018
- 20 & 21 October 2018